Dr Richard Marrs Fertility Book Americas Leading Expert T

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a pioneer in the field of assisted reproduction dr richard marrs has spent his life counseling couples who struggle with the pain of infertility developing new treatments and helping thousands to experience the wonder of birth now dr marrs shares his knowledge and expertise in a groundbreaking book that

answers all your questions understands your concerns and covers every aspect of fertility problems including infertility s emotional price as well as its financial one based on the latest research and technologies and the real life experiences of thousands of couples dr marrs tells you everything you need to know about getting pregnant including which cutting edge advances in reproductive technology including in vitro gift zift sperm manipulation and immunological therapy are right for you is it your nerves how emotions can delay or stop ovulation the biggest mistake doctors make when a man s sperm count is borderline or subnormal which fertility drugs work best and the side effects you should expect your chances of multiple births twins triplets or more when to change doctors or see a specialist the good news about using a partner s sperm and not a donor s even if your partner s count is very low your insurance coverage what you can and cannot do and much more

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viele frauen sind unglücklich mit einer hormonellen empfängnisverhütung kennen aber keine zuverlässige alternative andere versuchen vergeblich ein baby zu bekommen und wollen ihre fruchtbarkeit erhöhen wieder andere haben seltsame symptome oder schmerzen während ihres zyklus ihnen allen bietet dieses standardwerk zum thema fruchtbarkeit umfassende informationen und hilfe es beantwortet alle fragen und liefert ein tiefes verständnis für den weiblichen körper bereits hunderttausende frauen haben mit toni weschlers bewusster fruchtbarkeitsmethode bfm erfolgreich auf natürliche weise

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endorsed by the christian medical association a comprehensive christian guide to the challenges of infertility medical ethical emotional marital spiritual biblicalinfertility changes everything shattering dreams and breaking hearts but hope is available today more than ever the infertility companion draws on the bible and on current medical knowledge including the latest research to shed light on such questions as can people of faith ethically use high tech infertility treatments how do we make moral biblical decisions about medical treatment third party reproduction stem cell research and embryo adoption is god punishing me does god even care will adoption increase our chances of getting pregnant how can we reduce the stress of infertility on our marriage relationship how can we keep sex from becoming a chore these theologically trained authors have taught at a variety of conferences on infertility pregnancy loss and adoption and they have helped thousands of couples to face the future through their message of encouragement the infertility companion includes discussion questions and a workbook suitable for individuals couples or small groups full of practical tips and true stories this book will guide couples past the ethical pitfalls of assisted reproductive technologies as they travel the difficult road ahead an all encompassing guide for the christian infertility patient where other books fall short this companion aids the patient not only with the physical and emotional aspects of this journey but also helps answer the tough spiritual and ethical questions that arise in a couple s desire to conceive julie watson conceiving concepts

describes a unique therapeutic approach developed to treat couples confronting the painful challenge of infertility therapists learn how they can help clients acknowledge and accept the possibility of not having genetically related children understand the increasing array of available treatment options and assess the potential gains pitfalls and psychological effects of each one

an infertility specialist offers practical strategies for dealing with the relentless series of emotional medical social economic and marital challenges that an

infertility diagnosis can produce readers learn how to cope with emotional stress understand confusing treatment options and make informed and satisfying decisions while still maintaining their sanity dignity and relationships

this is the only truly comprehensive advanced text for the assessment of women's health written for such primary care providers as nurse practitioners physician assistants and certified nurses midwives it encompasses both foundational and cutting edge physical and psychosocial information in a clear and concise outline format and is unique in its presentation of more advanced techniques and procedures not addressed in standard graduate assessment texts keeping pace with the expanding scope of advanced practice the third edition provides several completely new chapters authored by renowned specialists expanded chapters and updates this includes new information on contraception domestic violence health history of special populations lesbian health evaluation of the pelvic floor aging and menopause bleeding irregularities infertility skin aesthetics pelvic pain and health guidelines with an integrated approach to treatment the authors delineate the expanded roles of advanced health care providers including guidance for situations when a practitioner must decide whether to act independently co manage consult or refer the authors provide in depth descriptions enhanced by plentiful tables and figures of each assessment skill and technique along with its underlying rationale basic techniques are augmented by the inclusion of possible alterations for a particular procedure on a continuum from simple to complex the text is divided into 11 units that cover basic women s health assessment down to the cellular level health history prenatal assessment investigative procedures including sonohysteroscopy and simple cystometrogram and several chapters on specific women s health concerns a special chapter on urinary incontinence includes diagnosis of bladder dysfunction sample assessment forms are integrated throughout as are comprehensive lists of equipment required for each procedure along with information on patient preparation and follow up new to the third edition updated assessment guidelines new chapters on lesbian health dysfunctional uterine bleeding polycystic ovarian syndrome skin aesthetics and pelvic pain information on new contraception devices new information on domestic violence health history of special populations and vaginal microscopy cervical cancer screening menopause assessment and osteoporosis screening expanded information on evaluation of the pelvic floor expanded information on aging and menopause updates on infertility and information on brca gene testing key features provides detailed descriptions of advanced assessment techniques enhanced with plentiful tables and figures presents the rationale for all assessments and procedures delineates clinical procedures on the leading edge of the expanded role of the advanced practice clinician includes unique chapters about selection and insertion of the vaginal pessary intrauterine insemination procedure and donor insemination covers such advanced skills as vulvar exam and biopsy endometrial biopsy acrochordonectomy polypectomy and colposcopy

backed by the authority of harvard medical school comes a safe effective mind body approach to fertility problem that focuses on what couples can do for themselves without high tech intervention 21 line drawings

the wiley women s natural health series brings together mainstream complementary and alternative medical approaches these unique books offer advice and support on a wide range of topics of concern to women including perimenopause breast health and menopause are you experiencing infertility written by an authority in complementary medicine getting pregnant the natural way is a compassionate guide that offers natural approaches to help you now drawing on the benefits of herbal medicine homeopathy nutritional therapies and mind body medicine in conjunction with the latest medical therapies dr deborah gordon explains the mechanisms of fertility and the possible causes of infertility then outlines a simple six step program to help you prepare your body mind and spirit for pregnancy prevent control or reverse conditions that impair fertility improve your overall feelings of health and well being reduce stress and anxiety create balance in your life uniquely created from a woman's perspective getting pregnant the natural way offers support wisdom and hope for you to reach your goal of a healthy pregnancy

written for nurse practitioners physician assistants nurse midwives and other primary care providers this new edition of advanced health assessment of women continues to deliver the clinical skills required to care for the unique healthcare needs of women this text delves into the growing role of the advanced practice clinician establishing a foundation for and an understanding of the rationale behind the techniques and procedures described master s level and doctoral level curricula provide basic content for the advanced practice clinician but may not provide sufficient education and training regarding advanced women s health skills and procedures this practical manual is designed to fill that gap linking theory to clinical practice using critical thinking using a clear and concise outline format advanced health assessment of women avoids unnecessary jargon and cuts straight to the clinical skills techniques and procedures the advanced practice provider needs to know content progresses from simple to complex covering basic assessment and

physiology health history physical examination and specific investigative procedures each technique and procedure outlined contains detailed descriptions strategies for patient preparation and recommended follow up accompanied by a comprehensive list of equipment in this new edition all content has been reviewed and expanded to reflect the most updated evidence based clinical practice guidelines key features clinical procedures that are on the leading edge in the expanded role of the advanced practice clinician detailed descriptions of advanced assessment techniques with plentiful tables and figures special chapter on urinary incontinence includes diagnosis of bladder dysfunction appendices contain patient information handouts and practice forms that can be adapted for practice unique chapter selection and insertion of the vaginal pessary new to this edition new chapter assessment of transgender persons revisions of clinical guidelines and procedures for menopause cervical cancer screening and osteoporosis chapters treatment summary sections for selected chapters such as pcos aub vulvodynia obesity and urinary incontinence

quick look nursing growth and development through the lifespan includes chapters in biological psychological and social information that includes information on genetics fetal development cognition and information processing roles of families peers school and society and many other chapters the second edition includes all the new key learning features such a closer look warnings questions to ask key terms and an updated glossary and references

coping with infertility is an essential source of emotional support for any couple struggling with involuntary childlessness the book offers proven techniques and real life examples from both men and women in order to outline common emotional reactions and remind couples that they are not alone in their ups and downs the coping skills discussed in the book have been assembled from years of working with individuals in clinical trials and have undergone rigorous scientific testing these state of the art techniques have been shown to be effective in helping couples deal with the stress depression relationship problems and grief often associated with infertility coping with infertility is an easily accessible and problem focused guide for couples to use in overcoming the emotional roadblocks of infertility

a memoir of hope for the thousands of women struggling with infertility from one who beat the odds by simply tuning in to her body and tapping her well of sheer determination at a time when more and more women are trying to get pregnant at increasingly advanced ages fertility specialists and

homeopathic researchers boast endless treatment options but when julia indichova made the rounds of medical doctors and nontraditional healers she was still unable to conceive a child it was only when she forsook their financially and emotionally draining advice turning inward instead that she finally met with reproductive success inconceivable recounts this journey from hopeless diagnoses to elated motherhood anyone who has faced infertility will relate to julia s desperate measures acupuncture unidentifiable black and white pellets herb soup foul smelling fruit even making love on red sheets five reproductive endocrinologists told her that there was no documented case of anyone in her hormonal condition getting pregnant forcing her to finally embark on her own intuitive regimen after eight caffeine free nutrient rich yoga laden months complemented by visualization exercises julia received amazing news incredibly she was pregnant nine months later she gave birth to a healthy girl unlike the many infertility books that take a clinical how to approach inconceivable simply professes the wisdom of giving expert status back to the patient julia s self discovery and her ability to see her body as an ally once again yield a beautiful message about the importance of honoring the body s innate powers and the power of life itself

from the medical use of marijuana to organ donations to animal testing the medical profession is rife with controversial issues students and teachers can now use this reference resource to explore all sides of these issues narrative chapters each one devoted to a specific topic encourage students to consider all the facts surrounding the various controversies case studies and first person accounts bring the issues to life and concluding questions for each chapter challenge students to use their critical thinking skills to draw their own conclusions this collection provides historical as well as contemporary contexts for an examination of government structures in the united states and the states of the former u s s r throughout the contributors look at federalism at both local and national levels and they try to assess how and why the two systems developed as they did each of the fifteen chapters analyzes the pro and con arguments and current status of a specific controversy illuminating the philosophical dilemmas faced by medical professionals as well as their patients and the general public as a whole the goldsteins present opposing arguments on the sources and nature of each controversy providing readers with an understanding of the causes and effects of medical controversies this basic introduction to these many different issues including among others the arguments surrounding a need for national health insurance the arguments surrounding the ethics of cloning the arguments surrounding the needs and dangers of childhood vaccinations and the arguments surrounding end of life issues will provide a starting ground for students interested in researching these topics further while also encouraging them to begin dialogues with their peers to help them develop their ability to analyze

complicated issues

as part of the quick look nursing series growth and development through the lifespan presents an overview of human growth and development from conception through later adult life using a biopsychosocial framework written by kathleen m thies phd rn and john f travers edd this text is designed to illustrate the various ages and stages of human development

this book gives specific instruction on the use of two methods of family planning natural family planning and fertility awareness method these methods give couples natural choices 1 to avoid pregnancy you can determine when you are infertile and have sexual intercourse without conceiving 2 to become pregnant you can track the days of the month when you are most fertile and have intercourse when you are most likely to conceive 3 these safe non invasive techniques can be used by themselves or combined with other contraception methods 4 the techniques are noninvasive have no side effects and carry no danger of toxic infection or cancer the authors experts in fertility awareness have completely revised and updated this newly titled edition of the book the new material includes several new examples of natural birth control and the fertility awareness method with illustrations the book contains 40 charts for readers to use the book is written in an accessible style and contains edifying case studies

edited by a renowned family therapist this book brings together prominent marital and family therapists to explore the new challenges and opportunities facing couples and the clinicians who work with them the volume presents a range of approaches to helping couples reconsider and reorder their life priorities around parenting marriage and other stages of life

there are countless books about menopause on the market we ve all accepted that women change at midlife however there is another much ignored change that affects hundreds of millions of women across the globe manopause the changes that all men go through starting at about age 40 in this groundbreaking book lisa friedman bloch and kathy kirtland silverman look at men s changes from a new and uplifting perspective aimed at women manopause explores how biological and psychological factors collide with the societal pressures men face and provides advice on how women can help themselves and their men move through and enjoy this sometimes challenging phase laying out the commonly accepted rules of what it means to be a

man rules like your worth is only as great as your power money and status push down your emotions and always be aggressive and strong the authors explore how men strive to live up to these expectations and how shouldering this burden becomes harder at midlife both physical changes and emotional realizations play in to men s fear that they are losing their grip and yet as the authors explain it is these very changes that can open the door to a far richer and more fulfilling life with a goal of creating greater understanding and compassion for the subject of manopause bloch and silverman solidly ground readers with information about men s changes before guiding them through a practical discussion of how to handle the outward effects they experience they address emotional reactions behavioral issues hormone loss sex and intimacy and family and work relationships with an eye to how all can be immeasurably improved by bringing this topic more into the public eye they hope to help women and men everywhere learn to better alleviate the confusion misunderstanding and discontent of manopause

a collection of essays that explore changing attitudes about reproductive technology they reflect the shift in public perception of topics which range from the biomedical to the sociocultural including fiction

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